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| **Help** | **Sefton** | **Liverpool** | **Wirral** |
| 0345 140 0845 | 0151 233 3000 | 0151 606 2000 |
| **Utilities** | Sefton's Emergency Limited Assistance Scheme (ELAS) is available to support local residents who are experiencing severe hardship, a disaster or emergency. It is there to meet one-off needs and not ongoing expenses.  <https://www.sefton.gov.uk/advice-benefits/emergency-limited-assistance-scheme.aspx> | If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).  <https://liverpool.gov.uk/benefits/help-in-a-crisis/liverpool-citizens-support-scheme/>  0800 456 1523 or 0151 233 3053 | <https://www.wirral.gov.uk/health-and-social-care/coronavirus-updates/emergency-food#wgSM-7> |
| **Food** | <https://www.sefton.gov.uk/advice-benefits/sefton-foodbank-network/> | <https://liverpool.gov.uk/benefits/help-in-a-crisis/foodbanks/> | <https://wirral.foodbank.org.uk/> |
| **DHP** | <https://www.sefton.gov.uk/advice-benefits/discretionary-housing-payment-and-exceptional-hardship-fund-policy-statement/> | <https://liverpool.gov.uk/benefits/housing-benefits/discretionary-housing-payments/> | <https://www.wirral.gov.uk/benefits-and-money/housing-benefit/discretionary-housing-payments> |
| **Household Items** | <https://www.sefton.gov.uk/advice-benefits/emergency-limited-assistance-scheme.aspx> | <https://fsd.liverpool.gov.uk/kb5/liverpool/fsd/service.page?id=xQfAwKBiI8g&familychannel=8> | <https://www.wirral.gov.uk/benefits-and-money/council-tax-support> |
| **Council Tax Support** | <https://www.sefton.gov.uk/advice-benefits/help-with-council-tax/> | <https://liverpool.gov.uk/benefits/housing-benefits/council-tax-support/> | <https://www.wirral.gov.uk/benefits-and-money/council-tax-support> |

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| **Help** | **Cheshire East** | **St Helens** | **Cheshire West** |
| 0300 123 5500 | 01744 676789 | [0300 123 8123](https://www.google.com/search?q=cheshire+west+council+contact+number&rlz=1C1GCEV_enGB893GB893&ei=G3iKYbkDyYCFsg-DqaiQDg&oq=cheshire+west+council+contact+number&gs_lcp=Cgdnd3Mtd2l6EAMyBQgAEIAEMgYIABAWEB46FAgAEOoCELQCEIoDELcDENQDEOUCOg4IABCPARDqAhCMAxDlAjoFCAAQkQI6BAgAEEM6EQguEIAEELEDEIMBEMcBEKMCOgsIABCABBCxAxCDAToOCC4QgAQQsQMQxwEQowI6BQguEIAEOgcILhCxAxBDOgQILhBDOggILhCABBCxAzoLCC4QgAQQxwEQrwE6CAguELEDEIMBOg0ILhDHARDRAxBDEJMCOgoILhDHARCvARBDOhAILhCxAxDHARDRAxBDEJMCOggIABCABBCxAzoNCC4QsQMQxwEQ0QMQQzoKCAAQsQMQgwEQQzoICAAQgAQQyQM6CwguEIAEELEDEJMCSgQIQRgAUABYsUdg-kloAXACeACAAf8CiAHvMJIBCTEwLjE0LjguNJgBAKABAbABCsABAQ&sclient=gws-wiz&ved=0ahUKEwj5_Kf5sYv0AhVJQEEAHYMUCuIQ4dUDCA4&uact=5) |
| **Utilities** | Household Fund Enquiry  <https://www.cheshireeast.gov.uk/council_and_democracy/council_information/coronavirus/covid-winter-grant.aspx> | <https://www.sthelens.gov.uk/benefits/welfare-assistance-scheme/> | <https://www.cheshirewestandchester.gov.uk/residents/energy/home-energy.aspx> |
| **Food** | <https://www.trusselltrust.org/get-help/find-a-foodbank/>  <https://midcheshire.foodbank.org.uk/> | <https://www.sthelens.gov.uk/benefits/welfare-assistance-scheme/> | <https://westcheshire.foodbank.org.uk/> |
| **DHP** | <https://www.cheshireeast.gov.uk/benefits_housing_council_tax/discretionary-housing-payments.aspx> | <https://www.sthelens.gov.uk/benefits/discretionary-housing-payments-dhp/> | <https://www.cheshirewestandchester.gov.uk/residents/housing-benefit-council-tax/housing-benefit/discretionary-housing-payments.aspx> |
| **Household Items** | <https://www.cheshireeast.gov.uk/livewell/education-employment-and-money/money-matters/help-in-a-crisis/help-getting-household-goods.aspx> | <https://www.sthelens.gov.uk/benefits/welfare-assistance-scheme/> | <https://www.livewell.cheshirewestandchester.gov.uk/Services/867> |
| **Council Tax Support** | <https://www.cheshireeast.gov.uk/benefits_housing_council_tax/council-tax-support.aspx> | <https://www.sthelens.gov.uk/council-tax/reduce-your-bill/> | <https://www.cheshirewestandchester.gov.uk/residents/council-tax/about-council-tax-reduction/claiming-council-tax-reduction.aspx> |

We also can sign post tenants to an offer from Home Content Insurance through our partners Royal Sun Alliance & Uris 0345 6718172, for as a little as £1 per week.